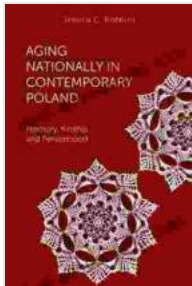


Aging Nationally In Contemporary Poland



Aging Nationally in Contemporary Poland: Memory, Kinship, and Personhood (Global Perspectives on Aging) by Karen Joy Fowler

★★★★☆ 4.3 out of 5

Language	: English
File size	: 10798 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Print length	: 227 pages
Paperback	: 325 pages
Item Weight	: 12.5 ounces
Dimensions	: 5 x 0.82 x 8 inches



Poland, like many other countries around the world, is facing a rapidly aging population. The number of people aged 65 and over is expected to increase from 14% in 2019 to 25% by 2050. This demographic shift has major implications for Polish society, including the need to adapt social and economic policies to meet the needs of older adults.

Aging Nationally In Contemporary Poland explores the multifaceted experiences of aging in Poland, providing valuable insights into the challenges and opportunities faced by older adults in this rapidly aging society. The book draws on a range of qualitative and quantitative research methods to provide a comprehensive understanding of the aging process in Poland, including its social, economic, cultural, and health dimensions.

Social and Economic Challenges

One of the key challenges facing aging populations is the increasing prevalence of chronic diseases and disabilities. In Poland, over 50% of people aged 65 and over have at least one chronic disease, and this number is expected to increase in the coming years. This has major implications for healthcare systems, which need to be adapted to meet the needs of older adults with complex medical conditions.

Another challenge facing aging populations is the increasing risk of poverty and social isolation. In Poland, over 20% of people aged 65 and over live in poverty, and this number is expected to increase in the coming years. This is due to a number of factors, including the fact that older adults are more likely to have lower incomes and less access to social support.

Cultural and Intergenerational Relationships

In addition to the social and economic challenges facing aging populations, there are also a number of cultural and intergenerational challenges. In Poland, there is a long tradition of respect for older adults, but this tradition is being challenged by the changing demographics of the country. As the number of older adults increases, there is a risk that they will become marginalized and isolated from society.

Intergenerational relationships are also changing in Poland. In the past, older adults were seen as the keepers of tradition and knowledge, but this is no longer the case. Today, younger generations are more likely to be influenced by global culture than by traditional Polish values. This can lead to generational conflict and a breakdown in intergenerational relationships.

Opportunities and Policy Implications

Despite the challenges facing aging populations, there are also a number of opportunities. Older adults have a wealth of experience and knowledge that can benefit society. They can also be a source of support for younger generations. In Free Download to harness the potential of older adults, it is important to develop policies that support their active participation in society.

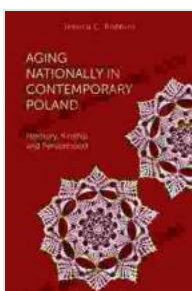
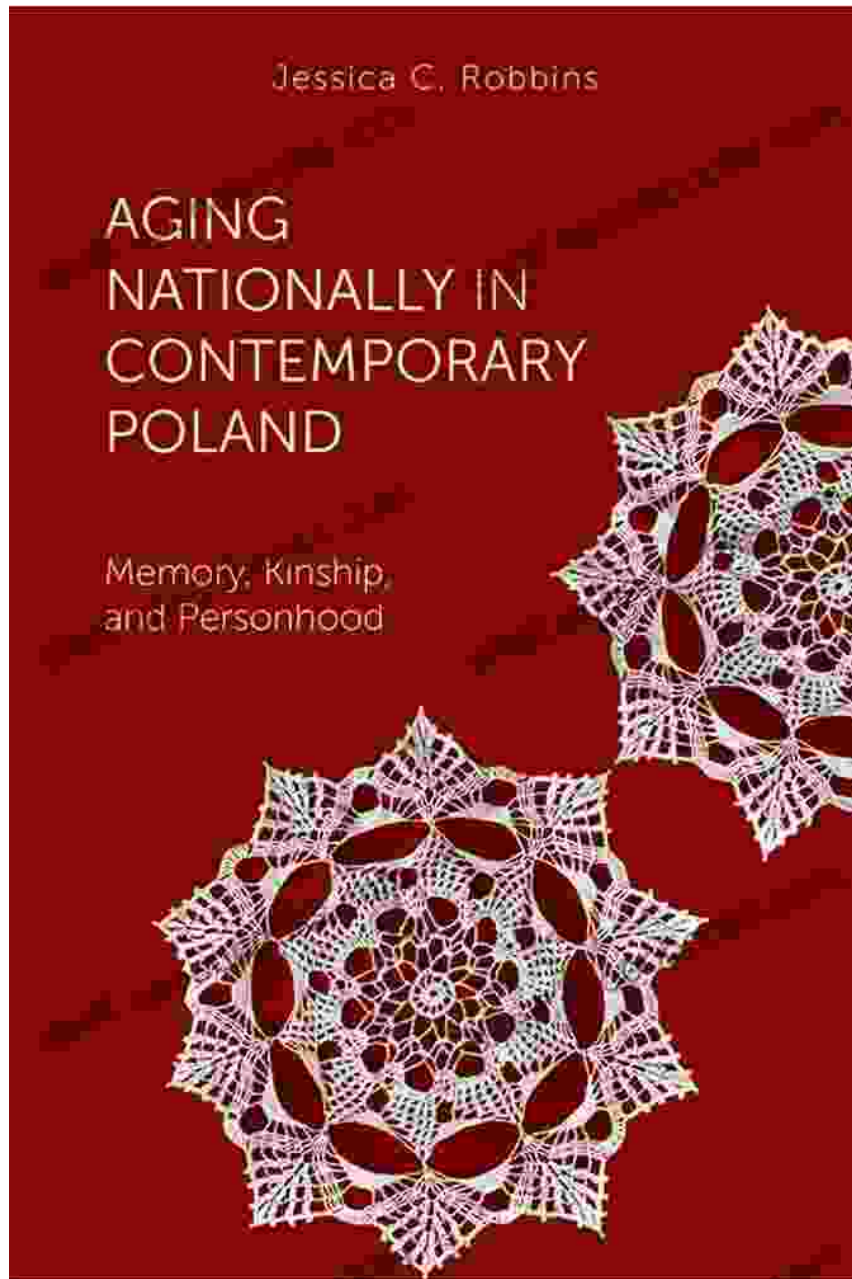
Some of the key policy implications of population aging include:

- Investing in healthcare and long-term care services for older adults
- Making pensions and other retirement benefits more adequate
- Promoting intergenerational relationships and reducing ageism
- Creating opportunities for older adults to participate in the workforce and volunteer

By implementing these policies, Poland can ensure that older adults are able to live healthy, fulfilling, and productive lives.

Aging Nationally In Contemporary Poland is an important book that provides valuable insights into the challenges and opportunities facing aging populations. The book draws on a range of qualitative and quantitative research methods to provide a comprehensive understanding of the aging process in Poland, including its social, economic, cultural, and health dimensions. The book is essential reading for anyone interested in the future of aging in Poland and other countries around the world.

Free Download your copy of *Aging Nationally In Contemporary Poland* today!



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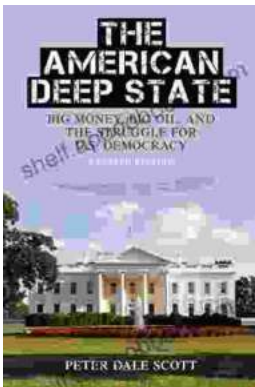
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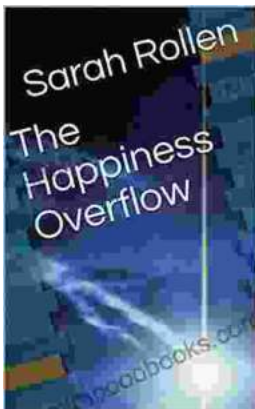
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