

Facial Gender Affirmation Surgery: An Issue Of Facial Plastic Surgery Clinics Of

Facial gender affirmation surgery (FGAS) is a life-changing procedure for transgender and non-binary individuals. It can help them to achieve a more congruent appearance with their gender identity and to reduce gender dysphoria. Here is a comprehensive guide to FGAS, including the different types of procedures, the risks and benefits, and the recovery process.



Facial Gender Affirmation Surgery, An Issue of Facial Plastic Surgery Clinics of North America (The Clinics: Surgery Book 27) by Donna M. Sudak

★★★★★ 5 out of 5

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Types of FGAS Procedures

There are a wide range of FGAS procedures available, depending on the individual's needs and goals. Some of the most common procedures include:

- **Forehead contouring:** This procedure can reduce the size of the forehead and make it more feminine or masculine.

- **Brow lift:** This procedure can lift the eyebrows and make them more arched, which can give the face a more feminine appearance.
- **Rhinoplasty:** This procedure can change the shape of the nose and make it more feminine or masculine.
- **Cheek augmentation:** This procedure can add volume to the cheeks and make them more feminine or masculine.
- **Jawline contouring:** This procedure can reduce the size of the jawline and make it more feminine or masculine.
- **Chin augmentation:** This procedure can add volume to the chin and make it more feminine or masculine.
- **Adam's apple reduction:** This procedure can reduce the size of the Adam's apple and make it less noticeable.

Risks and Benefits of FGAS

As with any surgery, there are risks and benefits associated with FGAS. The risks of FGAS include bleeding, infection, scarring, and nerve damage. The benefits of FGAS include a more congruent appearance with the individual's gender identity, reduced gender dysphoria, and improved self-esteem.

Recovery Process

The recovery process from FGAS can vary depending on the type of procedure performed. However, most patients can expect to experience some swelling and bruising for the first few weeks after surgery. It is important to follow the surgeon's instructions carefully during the recovery process to minimize the risk of complications.

FGAS is a safe and effective way to help transgender and non-binary individuals achieve a more congruent appearance with their gender identity. It can reduce gender dysphoria and improve self-esteem. If you are considering FGAS, it is important to consult with a qualified surgeon to discuss your goals and expectations.

References:

- Facial gender affirmation surgery: A review of the literature
- What is Facial Feminization Surgery?
- Facial Gender Affirmation Surgery Information Guide



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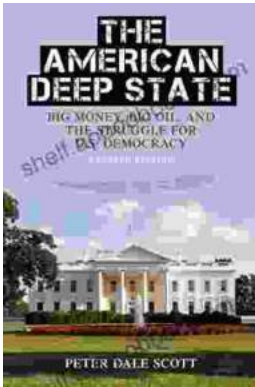
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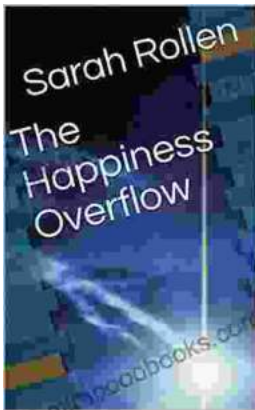
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