Get Yourself And: The Ultimate Guide to Self-Discovery and Personal Growth



Now WHAT?!: Get O.V.E.R Yourself and M.O.V.E.

by Dr Angela Anderson

★★★★★ 4.9 out of 5
Language : English
File size : 3118 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting: Enabled
Word Wise : Enabled
Print length : 81 pages

Lending : Enabled
Paperback : 152 pages
Item Weight : 0.353 ounces

Dimensions : 5.55 x 0.39 x 8.46 inches



Are you ready to embark on a journey of self-discovery and personal growth? If so, then Get Yourself And is the book for you.

This book is a comprehensive guide to understanding yourself better, setting goals, and achieving your dreams. It is packed with practical advice, exercises, and worksheets that will help you to:

- Understand your personality type and strengths
- Identify your values and passions
- Set goals that are aligned with your values

- Overcome obstacles and achieve your goals
- Live a more fulfilling and meaningful life

Whether you are just starting out on your journey of self-discovery or you are looking to take your personal growth to the next level, Get Yourself And has something to offer you. This book is an invaluable resource that will help you to unlock your potential and live your best life.

What Others Are Saying About Get Yourself And

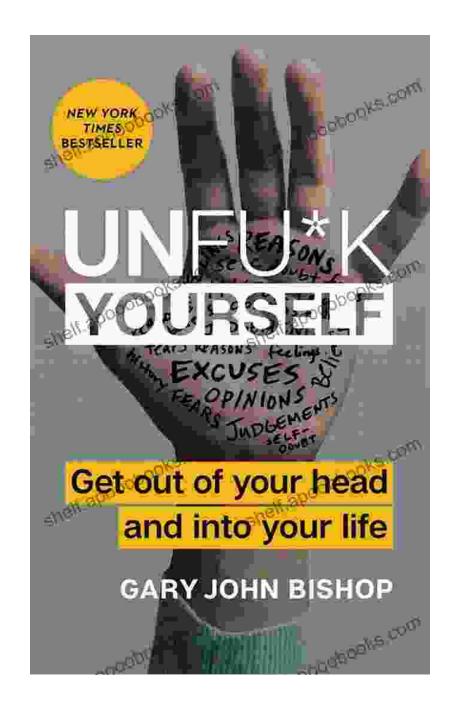
"Get Yourself And is a must-read for anyone who wants to live a more fulfilling and meaningful life. This book is packed with practical advice and exercises that will help you to understand yourself better, set goals, and achieve your dreams." - Tony Robbins, author of Unlimited Power

"Get Yourself And is an invaluable resource for anyone who is looking to take their personal growth to the next level. This book is full of insights and tools that will help you to overcome obstacles, achieve your goals, and live a more fulfilling life." - Jack Canfield, author of The Success Principles

"Get Yourself And is a powerful book that will help you to unlock your potential and live your best life. This book is a must-read for anyone who is serious about self-discovery and personal growth." - Brian Tracy, author of Eat That Frog!

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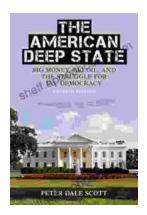
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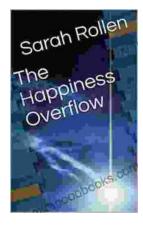
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