

Save Me From My Sister: The ADHD Siblings Guide



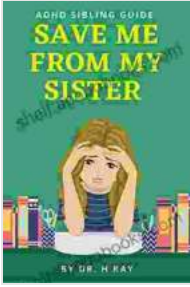
Are you struggling to live with an ADHD sibling?

If so, you're not alone. Millions of people live with ADHD siblings, and it can be a challenging experience. ADHD can lead to a variety of symptoms, including hyperactivity, impulsivity, and difficulty paying attention. These symptoms can make it difficult for ADHD siblings to get along with their siblings, and they can also make it difficult for their siblings to get along with them.

Save Me From My Sister: ADHD Siblings Guide

by Dr. Humaira Kay

★★★★☆ 4.5 out of 5



Language : English
File size : 5067 KB
Screen Reader: Supported
Print length : 442 pages



This book will help you understand ADHD and its effects on siblings. You'll learn how to cope with the challenges of living with an ADHD sibling, and you'll also learn how to build a strong and healthy relationship with them.

What's in the book?

This book covers a wide range of topics, including:

* The symptoms of ADHD * The effects of ADHD on siblings * How to cope with the challenges of living with an ADHD sibling * How to build a strong and healthy relationship with an ADHD sibling

Who is this book for?

This book is for anyone who lives with an ADHD sibling. It's also for parents, teachers, and other caregivers who want to learn more about ADHD and its effects on siblings.

What people are saying about the book:

"This book is a lifesaver! It's helped me understand my ADHD sister so much better, and it's given me the tools I need to cope with the challenges of living with her." - Our Book Library customer

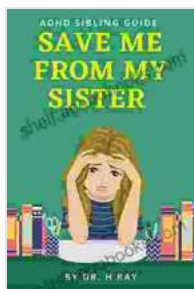
"I highly recommend this book to anyone who lives with an ADHD sibling. It's a great resource for understanding ADHD and its effects on siblings, and it's full of practical advice on how to cope with the challenges of living with an ADHD sibling." - Goodreads reviewer

"This book is a must-read for anyone who has an ADHD sibling. It's full of helpful information and advice, and it's written in a clear and concise way." - Bookbub reviewer

Free Download your copy today!

This book is available in paperback, ebook, and audiobook formats. Free Download your copy today and start learning how to cope with the challenges of living with an ADHD sibling.

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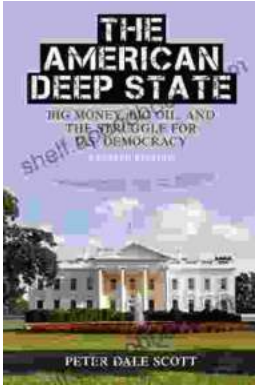
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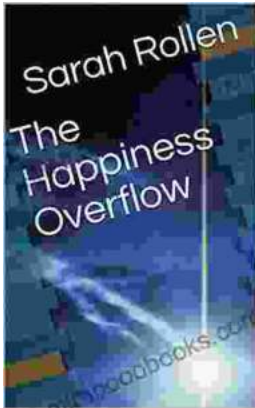
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